

Cardiovascular Information NSW Police Force Applicants

APPLICABLE TO APPLICANTS 35 YEARS AND ABOVE

Applicants who are of 35 years and above are required to complete the following cardiovascular tests as part of their NSW Police medical assessments.

- Applicants 35 and over require a 12 lead ECG with Cardiologist report and tracing to be completed/provided.
- Applicants 40 and over require a 12 lead ECG, a Stress ECG (Bruce Protocol) with Cardiologist report and tracing to be completed/provided.
- Applicants 40 and over also require a recent fasting blood test for Blood Glucose (or HBA1c), Total Cholesterol and HDL blood test completed. Applicants who have an abnormal fasting blood sugar result are then required to have a 2 hour Oral Glucose test completed as well.

Applicants who show any abnormalities following on from the above tests are required to see a Cardiologist who can assess and complete a report regarding the applicant's cardiac fitness for policing duties.

After this has been completed please forward all reports/results detailing the outcome (including the required details listed above) to UHG via email policemedical@uhg.com.au or fax (03) 9692 7885.

Prompt provision of these reports will help speed up the medical determination process and overall application.

If you have any questions or concerns, please contact UHG on 1300 144 143.

Regards,

UHG Team

IMPORTANT NOTES: Applicants should be advised that all costs of these assessments are to be met by the applicant.