

## Cardiologist Assessment Request Letter NSW Police

**Please take this letter to your GP**

Dear Cardiologist,

Re:

DOB:

I have reviewed the medical assessment of this applicant who is applying to the NSW Police as a Front Line General Duties Police officer.

As part of the screening requirements, they require clearance from a cardiologist to undertake all the aspects of policing. In particular, they will need to be medically cleared for the following:

- A. Ability to undertake beep test standard of at least 7.1
- B. Maximal exercise physical training program
- C. No restriction on heart rate during exercise.

Any testing you require to determine this is at your discretion.

After assessing the applicant, please address the following:

1. General history
2. Examination findings
3. Investigation results (please provide a copy of the actual test results)
4. Cardiac risk assessment
5. Diagnosis (if any)
6. Any restrictions you deem necessary
7. Is the applicant capable of undertaking a beep test standard reaching a level of 7.1 or greater, maximal exercise physical training program and no restriction on heart rate during exercise? If not, please provide details.

**PLEASE NOTE THAT A NORMAL STRESS ECG IS INSUFFICIENT. A REPORT FROM THE CARDIOLOGIST INDICATING DETAILS OF THE ASSESSMENT AND CLEARLY ADVISING IF THE APPLICANT CAN UNDERTAKE ITEMS A, B and C ARE REQUIRED.**

After this has been completed please forward a report detailing the outcome (including the required detail listed above) to UHG by email [policemedical@uhg.com.au](mailto:policemedical@uhg.com.au) or fax 03 9692 7885.

Prompt provision of this report will help speed up the medical determination process and overall application.

**Note all costs of this assessment are to be met by the examinee. The examinee has three months to complete this assessment, or their file will be deactivated.**

Yours Sincerely,

**Dr Derek Lee**  
Occupational Physician

**APPLICANTS PLEASE NOTE:**

If further information from your treating practitioner is requested, an additional file review charge may be required prior to the report being reviewed by the UHG doctor.

Please find attached the credit card payment authorisation form that **MUST** be provided **BEFORE** documentation is reviewed.